

Monday	Tuesday	Wednesday
--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat --- Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat --- Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat --- Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> --- Berry Banana Smoothie <i>Carbs: 72</i> * Milk, Wheat --- Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP <i>Carbs: 36</i> * Soybeans, Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---	--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat --- Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat --- Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat --- Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> --- Berry Banana Smoothie <i>Carbs: 72</i> * Milk, Wheat --- Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP <i>Carbs: 36</i> * Soybeans, Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---	--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat --- Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat --- Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> --- MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat --- Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> --- Berry Banana Smoothie <i>Carbs: 72</i> * Milk, Wheat --- Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP <i>Carbs: 36</i> * Soybeans, Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---

Monday	Tuesday	Wednesday
--- Entrees --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i> ---	--- Entrees --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i> ---	--- Entrees --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Orange Juice, Individual Cups, Frozen <i>Carbs: 14</i> ---

Monday	Tuesday	Wednesday
--- Sides --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP <i>Carbs: 14</i> --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> --- --- Milk --- MILK, Strawberry FF TWP <i>* Milk</i> Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i> Milk, Lactose and Fat Free <i>* Milk</i> Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---	--- Sides --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP <i>Carbs: 14</i> --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> --- --- Milk --- MILK, Strawberry FF TWP <i>* Milk</i> Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i> Milk, Lactose and Fat Free <i>* Milk</i> Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---	--- Sides --- JUICE, APPLE 100% FROZEN PLASTIC CUP TWP <i>Carbs: 14</i> --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> --- --- Milk --- MILK, Strawberry FF TWP <i>* Milk</i> Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> <i>* Milk</i> Milk, Lactose and Fat Free <i>* Milk</i> Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> <i>* Milk</i> ---

Monday	Wednesday	Thursday	Friday
-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---	-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---	-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---	-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---
--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat ---	--- Entrees --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---	--- Entrees --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---	--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat ---
MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---	MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---
Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---	Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---
Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> ---	Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---
MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat ---	Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat ---	Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> ---
Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> ---	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---	Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat ---	Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> ---
Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat ---	Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> ---	Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat ---	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---
SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---			Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> ---

Monday	Wednesday	Thursday	Friday
--- Entrees --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Apple Juice 100% <i>Carbs: 15</i> --- Assorted Fresh Fruit --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> ---	--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat --- Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Assorted Fresh Fruit --- Apple Juice 100% <i>Carbs: 15</i> --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> ---	--- Entrees --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> --- Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Assorted Fresh Fruit --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Apple Juice 100% <i>Carbs: 15</i> ---	--- Entrees --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Assorted Fresh Fruit --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Apple Juice 100% <i>Carbs: 15</i> --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> ---

Monday	Wednesday	Thursday	Friday
--- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- --- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- --- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- --- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---

Monday	Tuesday	Wednesday
-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---	-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---	-- Snack Items -- CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF <i>Carbs: 2</i> * Milk ---
--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat ---	--- Entrees --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---	--- Entrees --- MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---
MUFFIN BLUEBERRY WG RF IW <i>Carbs: 30</i> * Soybeans, Eggs, Wheat ---	Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---
Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP <i>Carbs: 29</i> * Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---
Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> ---	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat ---	Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat ---
MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---	Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> ---	BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat ---
Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN <i>Carbs: 33</i> * Milk, Soybeans, Eggs, Wheat ---	SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---
Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat ---	Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> ---	Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> ---
SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat ---		

Monday	Tuesday	Wednesday
--- Entrees --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- BAGEL, PLAIN 4 OZ SLICED THAW& SERVE FROZEN <i>Carbs: 56</i> * Milk, Soybeans, Eggs, Tree Nuts, Wheat --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Apple Juice 100% <i>Carbs: 15</i> --- Assorted Fresh Fruit --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> ---	--- Entrees --- Kellogg's Pop-Tarts Blueberry 1.7oz <i>Carbs: 36</i> * Soybeans, Wheat --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat --- SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP 1.42 oz <i>Carbs: 30</i> * Wheat --- Cocoa Puffs SS 2 oz Cup <i>Carbs: 47</i> --- --- Sides --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Apple Juice 100% <i>Carbs: 15</i> --- Assorted Fresh Fruit --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> ---	--- Entrees --- Peach Cheerios Snack Bar WGR IW 2.5 oz <i>Carbs: 51</i> * Wheat --- Lucky Charms SS 2 oz Cup TWP <i>Carbs: 46</i> --- Cereal, Trix Whole Grain SS Cup 2 oz <i>Carbs: 47</i> --- Cinni Mini, Cinnamon Roll IW TWP <i>Carbs: 40</i> * Milk, Soybeans, Wheat --- --- Sides --- HUMMUS, PLAIN TUB REF TWP <i>Carbs: 5</i> --- Upstate Farms Blueberry Nonfat Yogurt 4oz TWP <i>Carbs: 19</i> * Milk --- Assorted Fresh Fruit --- Apple Juice 100% <i>Carbs: 15</i> --- JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i> --- Peanut Butter Creamy Bulk Tub TWP <i>Carbs: 5</i> * Peanuts, Soybeans --- Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> ---

Monday	Tuesday	Wednesday
--- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- --- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	--- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- --- Milk --- MILK, Strawberry FF TWP * Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---